

Around the Elms



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From the Editor's desk

Once again, it's that time of the year when our spirits are lifted with sights, sounds and smells of Christmas. Christmas lights in gardens and windows. Christmas tunes ringing out in the shopping centres and on the radio. The sweet baking aromas from our kitchens makes our taste buds tingle. It's the time to catch up with those we haven't seen and those we see all the time.

It can be a joyous time.

Even those who are alone here in the village, we have so many activities to become involved in.

Check your letterboxes ,noticeboards in both Eastern and Western Halls for upcoming events and the back page of 'Around the Elms'

Summer is finally here, I think. If you like this season, enjoy.

Christmas Greetings and Happy New Year to you all



Cut off date for articles for March 'Around the Elms ' February 28th

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Disclaimer: Opinions expressed in this publication, editorially or by contribution, are printed in good faith and without liability. They do not necessarily reflect the views of Lifestyle.

HAPPY SNAPS

FATHER'S DAY LUNCH 11th September 2025

Approximately 50 men attended the lunch held in the Eastern Hall to celebrate Father's Day. The Catering Committee ladies cooked the BBQ. Lunch was sausages, chips, onion and buttered bread. The bar was open for those who wished to partake. After the meal two men from TAD (Technology for Aging and Disability (SA Inc.) gave a very interesting talk and slide show on the types of things they can do to make life easier for people with a disability. Judith thanked Ralph and John for their talk. Those present were then treated to a slice of fruit cake and a cuppa. It was a great atmosphere to see so many men enjoying each others company. A big THANKYOU to the Catering Committee plus others who helped to setup and clean up. Kathy Cummings *Catering Committee Secretary*



















Lamb Shanks September Friday Night Dinner

The lamb shanks dinner was a hit. Thankyou for your hard work 'Elms' Catering Committee.













HAPPY SNAPS





MELBOURNE CUP LUNCH Tuesday 4th November Beautiful flowers on the tables Chicken and salad lunch was great

Pavlova was yummy

Julie Searle was hilarious judging the hats and fascinators Through no fault of the operator of the overhead projector we were not able to view the race.

Winners were grinners though















Fantastic afternoon with many lovely models showcasing Jaydees Fashions. We had a good attendance of 74 people. Everyone enjoyed the afternoon, lots of trying on of outfits and many happy residents making purchases.

Thankyou for organizing Entertainment Committee











ANTIQUES and COLLECTABLE AFTERNOON.

ANTIQUES and COLLECTABLE AFTERNOON.

On Tuesday 9th September 37 Residents attended an afternoon on antiques and collectables to be appraised by John Foumakis. He entertained us with his working life history. Opening a small shop on Goodwood Road, but after that flooded moved further down Goodwood Road to a shop by the Capri Theatre. He ended up with 3 shops on Glen Osmond Road with his brother. He lectured on antiques at WEA. He is semi-retired now. He advised us all to keep our items in mint condition and not clean them especially coins. If you have a set of vases don't separate them as they are worth more as a pair. He did say the Antique Trade has slowed down considerably. John looked at our goodies and unfortunately there was nothing of fantastic value amongst them. He was impressed with Roger Hawke's globe of the world with a plane on top made of military amour. He looked at watches, he said he would melt them down for gold as it had more value except If the watch was a Rolex! One item of particular interest was a lamp Gordon Birch used when he was sixteen, working in a coal mine in England. It was used to test for gas. He used to put his Baked Beans sandwich on top to heat. When lunchtime came, he went up and would have a bite then gave his horse Martin a bite. There were 300 mines in England, now none. It was a very entertaining afternoon but fortunately none of us have a hidden treasure worth thousands!

Many thanks to Trish and the Entertainment Committee for a lovely afternoon. Lori Goss U 225.





TEA TREE GULLY REDBACK BAND



THE AUDIENCE ENJOYING THE AFTERNOON



LEGENDS ROCK n ROLL CLUB



SUNDAY16th NOVEMBER AFTERNOON ENTERTAINMENT

Can you think of anything better to do on a wet, dreary Sunday afternoon than being entertained by the Tea Tree Gully Redbacks Band and excellent Rock'n'roll dancing by The Legends XXXXX

The band entertained us with a variety of musical pieces and watching them all enjoying themselves as much as we enjoyed listening to them was priceless. Band leader, Ben Adamson, shared information about what the band had achieved this year – 1st in B Grade in the South Australian Band Association State Championships – a great and well deserved achievement.

The band's finale had many residents clapping, dancing and enjoying themselves.

The Committee prepared a great afternoon tea to end the afternoon's entertainment.

Our thanks go to the members of the Entertainment Committee for all the hard work they did to organize such a great event. With over 75 people attending I'm sure this made their efforts worthwhile. **Lesley Hoff U193**



Village Activities

REMEMBERANCE DAY NOVEMBER 11TH 2025

It was a great turn out of residents that came to show their respect for those that gave their lives for us. Brian Murdoch gave a wonderful, informative service.

The best I have ever been to.

After the service, there was light refreshments and beautiful Anzac biscuits. Thankyou Brian, hopefully you will host this event again. *Graham Esplin U149*













The Bikie Busker ,Monday 22nd September 2.00. By popular demand a very talented flute player (alias James Kendall) entertained 47 residents with a wonderful selection of beautiful music ranging from classical, country and western to jazz. A cuppa and cake along with a chat ended a lovely afternoon. Many thanks to the committee for organising a great show.

Rhonda Sharp U127





ARTS & CRAFTS CHRISTMAS CRAFT

November 13th saw the last Arts and Crafts lesson for 2025. The class filled up quickly for this special Christmas themed project. We started with a bare twisted vine wreath to decorate for the season. The result was amazing with each wreath having it's own particular style. It was fun to lay all the wreaths out and walk around the tables to see everyone's creativity come to light. 2026 Arts & Crafts first lesson will be 12th February. Mark it in your 2026 diary if you are interested. Posters and registration forms will go up in each hall about Australia day. Have a happy and safe holiday season. *Judy Hawke U 214*







News from the Residents' Committee



Profile of our new Chairperson Jeffrey Wayne Hall (Jeff)

Born and raised at Broken Hill (a proud North Hillian) Kaye and I have two children Damien and Allyson, 4 grandchildren Jenna, Langdon, Aidan and Piper.

Career: Following School I commenced with the Broken Hill and District Hospital clerical duties with accounting in mind, in my mid-teens I relocated to Adelaide and concentrated on metal fabrication (Boilermaker Welder) marriage and other opportunities presented I therefore returned to education with Sales / Marketing the objective AAIM & District AAIM & District Broken Wright Sales (Marketing the objective AAIM & District Broken Br



years later and we relocated to Castle Hill and enjoyed the experience for another 5 years before accepting a roll with an Australian manufacturer and Sales Marketing company E D Oates to open up in South Australia, again we relocated, where my responsibilities also included NT and Tasmania until retirement. During this time I was fortunate to represent the food industry as chair of FID O and committee member FISA along with the cleaning industry NCSA as chair. A very rewarding 46 years.

Retirement: We moved to our 'Holiday Home' at Bowhill, and I was convinced to run as the local Councillor, a position I successfully held for three 4 year terms. Again a very rewarding experience representing the community on several portfolios particularly the Murray Darling association.

Interests: Football, NORWOOD Chair of the Coterie group (Vice Presidents) still currently a member of the past player and official group. Basketball: Woodville juniors and Parramatta Basketball club President. Motor cross (Young and silly days) great days bush bashing out of Alawoona. Snow skiing a yearly trip for 35 years to the NSW fields. Water Skiing on the Murray unbelievable memories for the whole family and friends.

Memorable favourite places: Adelaide, the Australian Snowy Mountain areas, Sydney, Chicago, Alaska and BC, Gallipoli, Ephesus, Dubrovnik, Venice (40th wedding anniversary) Paris, Tallinn Estonia, St Petersburg, Helsinki, The Vassa Museum Stockholm, Norway in General, the river Kwai floating motel with a trip to Hell fire pass (Weary Dunlop's resting place) and Changi.

Thanks: Goes to my Family, we have crammed this into one life experience that we are all very grateful for.

Jeff Hall Chairperson Unit 45

News from the Resident's Committee

2025-2026 Committee Members

Chairperson Jeff Hall, Secretary Jeanette Findlay, Deputy Chairperson Gail Normington, Treasurer Michael Stephen, Committee Person Trevor Cox, Committee Person, Leyland George, Committee Person Eric Griffiths, Committee Person Judy Heinrich, Committee Person Jacqui Jenkins (further contact details on the noticeboards)

Residents are reminded that any issues/requests for the Committee to consider, must be put in writing and sent to the secretary by email **ifindlay@bigpond.net.au** or to Unit 200. Please check noticeboards for agenda closing dates.

We have invited Lifestyle SA to attend the January Committee meeting to discuss and review outstanding challenges. An agenda of items to be discussed is being compiled. Obviously gardening will be on the agenda. We will work through some of the other known concerns. If you have a long standing maintenance request please advise our secretary by December 24th 2025. A copy of the original maintenance request would be helpful.

<u>Timer for outside paddock lights</u> — this was raised to the committee and subsequent enquiries have established that the switch for the lights is located where only Dave can access. No change is possible therefore residents who plan to have an event on a weekend, which will run into the evening, and you need the lights to be available.

Please raise a maintenance request with Dave to set the timer switch to work over the weekend of your event.

Some Plus's

The chairs for the Western Hall have been purchased and now are in use. The lights for the night bowls are now working—sunglasses may be needed.

The traffic hazard at Gate 3 has been addressed.

<u>Encouragement</u> The committee would like to encourage you to get involved with the great and cost effective events organised by the Catering and Entertainment Committees. These groups and their helpers provide a wonderful service for us all. Your attendance and support for these social events subsidizes them and keeps the cost affordable for everyone. Support also includes the raffle tickets purchased, recycling of bottles and cans, etc. – this activity helps us all.

Jeanette Findlay Committee Secretary U 200



News of Residents Welcome to our new residents



Geraldine and Robert Dodd Unit 98

We hope you will be very happy here at 'The Elms'



Gordon and Rosemary Burgess Unit 195



WELCOME TO SUZE BARRETT (OUR NEW COORDINATOR)

Farewell to Eleanor Dunn Unit 6

Audrey Henderson Unit 12

Topsy Noble Unit 37

Margaret l'Anson Unit 89

Jean Kearslake Unit 116

Kathleen Clarke Unit 152

Bev Standen Unit 161

Jack Dorrestyn Unit 185

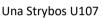
Jan Smithwho was in care formerly of Unit 38



HAPPY SNAPS









Alison Sullivan U145



Terri Wedlake U102



Faye Tame U 171



Sally Goss U40



Mari Collins U49











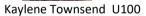




Wendy Rohrsheim U158 Graeme Fawcett U213 Robert Searle U 211 Fay Matthews U172 Michael McKenna U28 Ann Burfill U117











David Glasson U 32 May Austin U92 Marj & Lyn Hefford U190



COSI'S COWS FOR CAMBODIA.

November 2025. I have just returned from my second trip with Cosi's Cows for Cambodia. The overall schedule was the same, but a few extra things happened. One of the Cambodia guys called Sela used to be a Chef, but now works for Cosi going around the villages on his motor bike checking out the people who are most in need for 1. Receiving a pregnant cow and able to keep the calf 2. In desperate need of a new home. This year the home was of steel construction as against the timber one last year. It was completed in one day as opposed to 4 days for the timber. All wore hard hats and had many jobs sanding, painting and construction of stairs, etc. This year we attended a cooking class run by Sela which was our evening meal. The knitted teddies and dolls made by the ladies of 'The Elms' were greatly appreciated. In fact one day I was mobbed with "me too". I felt like the Piped Piper, so thank you all. The craft day at the School was more successful this year as again thanks to 'The Elms' ladies I gave out 55 bracelets to girls, also boys who put their arms out. My drawings of cats, dogs, goats, cows, ducks, etc went down well with all the packets of coloured pencils so much easier than last year. Again thanks to the Residents who donated pencils, etc. The Teacher was very pleased and will use these to further their One of the Cambodia guys called Sela used to be a Chef, but now works for Cosi



thanks to the Residents who donated pencils, etc. The Teacher was very pleased and will use these to further their spelling. We also fed 600 children and took some to the Aquarium, their first excursion ever. Random acts of kindness were included this year as some of the group purchased glass bottles of petrol and filled the tanks of some of the many motor bikes passing. Cosi's farm was terrific as Wallace and his brother Warrick retired Cattle Barons from Queensland motor bikes passing. Cosi's farm was terrific as Wallace and his brother Warrick retired Cattle Barons from Queensland had donated Brahman Bulls to improve the stock & supervised the pregnancy testing and inoculations. My knee gave way getting out of the Meerkat enclosure but fortunately no real damage done due to a couple of nearby volunteers who grabbed me. Not so lucky for Cosi as he had his appendix burst, so had to have an Emergency Operation. A few hiccups re anaesthetic but all ended well so his wife Sam came over to keep an eye on him. The Rice Run was once again hectic with a Police Escort as there was a threat of us being mobbed. Very, very poor area and when we had returned from delivering 4 bags of rice, people were holding on to bags of rice in the cart hoping to have one. Too many and not enough bags so we told them that 1 bag was to be shared with 3 families. They agreed to this and plastic bags appeared from nowhere so everyone was happy. The first family we gave a bag of rice to had already cooked some and were eating it as we were leaving so that would have been thier 1st meal for days. Makes us realize how lucky we are to live in Australia as there are many more countries throughout the world in similar situations as in Cambodia. It is a wonderful, rewarding experience and I am thrilled to be part of Cosi's Charity. The School children from Australia certainly come home changed from this experience. I will not be going next year, but will certainly be donating bags of rice. I thank you from the bottom of my heart to all the Residents and friends who assisted me in this most worthwhile project. Lori Goss U 225.

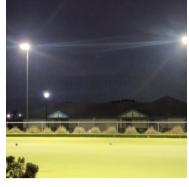
FOR YOUR INFORMATION

NEWS FROM THE GREEN



Pink Ladies
Graham DOLLY Pardon is our Bowls organiser getting into the Saturday Mornings Pink is looking for her wardrobe collection. Jeff Hall





Tuesday Night Owls
Great to have the lights
upgraded, very cold night
but the girls came
prepared. Jeff Hall







WEDNESDAY NIGHTS

Looking for something to do on a Wednesday evening?

Then – join the friendly group who play a card game called 14's in the Eastern Hall at 6-45pm each week. It is a simple game and a very relaxed group who will make you feel welcome. If you don't know how to play 14s we can teach you very quickly, either your place or mine, so you can feel confident on your first night.

Love you to join us. Jan ext.633







The real luxuries in life:

time
health
a quiet mind
slow mornings
ability to travel
rest without guilt
a good night's sleep
calm and "boring" days
meaningful conversations
home-cooked meals
people you love
people who love you back







SARVRA UPDATE – December 2025

The Elms SARVRA meeting was held as planned on 7th October and many thanks to those 68 residents who attended. Also a big thanks to the Entertainment Committee for their afternoon tea. Two speakers attended and gave informative talks.

From SARVRA – Margaret Hawkins – Vice Chair and Treasurer, reviewed changes to the Retirement Villages Act and how they apply to Village Operators. As we are all SARVRA Members we can use the SARVRA Membership

Enquiries Phone number: 0421 132 319.

The second speaker was Oxana Danilova, a COTA Care Finder who gave a talk "Let's Talk Aged Care " which provided information about navigating Aged Care and interacting with the new Aged Care Act which came into effect on 1st November. Many attendees said they had trouble understanding the COTA rep due to her accent and the speed with which she spoke. This feedback was passed onto COTA. COTA have sent some COTA flyers which are now available in the Eastern Library and Western Hall. If you have any questions about the Aged Care Act contact COTASA. Ph: 08 8232 0422,

Free Call: 1800 182 324 or

email: agedcarenavigator@cota.org.au The Retirement Villages (Code of Conduct) Amendment Regulations 2025 was published recently in the Government Gazette. Downloads are available from SA Legislation and sa.gov.au websites – a new Code of Conduct is being introduced for staff, including good practice principles and mandatory requirements.

Residents, Staff and Operators are responsible for understanding and adhering to the relevant code.

Codes come into effect 2-2-26. Training requirements and penalty provisions for breaches for Village Managers and Senior Management come into effect 5-12-26.



SARVRA also sent out an email (8-11-25) on behalf of the Office for Ageing Well with an invitation to the

Retirement Village Regional Roadshow – Information Sessions on Retirement Village Law reforms. The OFAW's Retirement Villages Unit will be delivering targeted information sessions to Retirement Village residents and operators across the state. The Metropolitan Roadshow is rolling out next year and there are 2 venues which would be convenient for Elms Residents. Registrations are now open.

Adelaide CBD: Riverside Centre, 115 North Terrace, Adelaide.

Monday 12 th January, 2026, 10.30 - 11.30am. RSVP to the Adelaide CBD resident information session (via Humanitix).

Para Hills: Para Hills Community Hub Function Room, 22 Wilkinson Road, Para Hills.

Wednesday 14 th January, 2026, 10.30 - 11.30am RSVP to Para Hills resident information session (via Humanitix).

Those not on email please book through Jeanette, Phone Ex 861 or Brenda Phone Ex 674.

The Elms SARVRA Reps:

Jeanette Findlay, Unit 200, Phone 861, email jfindlay@bigpond.net.au

Brenda Van Dokkum, Unit 74, Phone 674.



ELMS CHRISTIAN FELLOWSHIP

The last 3 months have been tinged with sadness, as we watched Jack Dorrestyn's declining health, until his death on 17th November 2025.

Jack and Marlene have been a part of ECF Service since it's inception in 2004. Jack did his 1st stint as the computer operator in 2006, then almost exclusively from 2009 until last year, when the load was shared with Maureen Driver. He supplied a DVD for our November service Last year Jack also ran a monthly gospel DVD session on a Thursday where he showcased Christian Artists and Choirs from around the world. "Well done, good and faithful servant". Our deepest sympathy to Marlene and family.

At our September Service, Andrew Downes an Army Chaplain spoke on "The God of the Storm". In October our speaker, Wayne Staric talked to us about 'Asking the right questions'. In November our speaker was Frank Giles, a young man with a Music Ministry, holding the fort in his church office and about to be involved in Youth Ministry. He spoke about 'Seeing God Clearly' which is our desire for the Elms Christian Fellowship, which continues as a non-denominational group- everyone is welcome Kim Van Dokkum U 74

TIME FOR A LAUGH



WE HAD TO CANCEL YOUR APPOINTMENT BECAUSE YOU HAVEN'T FINISHED FILLING OUT

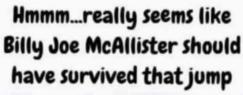
YOUR FORMS AND WE'RE CLOSING NOW!

















Social News - Coming Events



DECEMBER

Thursday 25th Elms Christian Fellowship Christmas Day Service 9am, A cuppa and Christmas cake will be served after our short service All welcome (No service in January)

Wednesday 31st New Year's Eve Cabaret more details on Noticeboards

JANUARY

Bingo Saturday 10th January 1pm Western Hall - All welcome Monday 26th Australia Day Breakfast organized by our own catering committee, more info on noticeboards early January

FEBRUARY

Bingo Saturday 7th February 1pm Western Hall—All Welcome Elms Christian Fellowship Sunday 22nd 10am—All welcome

MARCH

Bingo Saturday 14th March 1pm Western Hall—All Welcome

Why not use the Tea Tree Plaza bus on Tuesday's 9 am gate 1 and gate 3 and return back at 12 pm. and join these happy shoppers. So convenient.

Herman & Lyn Kuiper U 120





Ladies Lunches -1st Wednesday of the month-Ring Julie on Ex 859 Men's Lunches - 3rd Thursday of the month-Ring Leyland Ex815