



THE RESERVE

Newsletter

September 2025

Welcome to the September s2025 issue of the Newsletter of
The Reserve Lifestyle Village Residents at Woodcroft.

Hi again everyone!

Quite a lot has occurred over the last month or so. Have a look at the photo to see our temporary resident who was camping in the tree immediately behind Unit 2!



Firstly, we lost one of our long-time Residents, namely Warren Headly, who sadly passed away in Hospital after an illness. Unfortunately, for the last 3 years, he became blind, which made it very difficult for him. Prior to this, Warren used to run the weekly carpet bowls session which were held in the Hall. Our deepest sympathy and sincere condolences to June & their family.

Not long afterwards, now that he is well into his 90's, Roy Bates' s family felt the time had come for him to move to Residential Care – he is now in Labrina at Prospect to be near his family. We wish Roy all the very best for the next chapter in his life.

We also extend a warm welcome to Linton, Pam's new husband at U 121, following their private family wedding – enjoy your new life together here guys!

August brought us the regular monthly functions with a sprinkling of new ones interspersed:

A good number of attendees at our monthly Early Happy Hour on Friday 1st was a little different, with Geoff & Joan Brown looking after the supper orders – thanks guys!

On Wednesday 5th, a reasonable number of budding Picasso's & Lowry's donned their berets & smocks and enjoyed an afternoon of Artistry and Imbibing, which I am given to understand went down really well – thanks to Berenice for arranging.

Our BINGO session on Friday 15th was a little different too – Keith G had a family function, so Mike Whitehead did the calling and as Vicky Flodin had an unfortunate fall damaging her ankle, yours truly dealt with the checking and finances and yes, the Super Prize did go off – please see Mike's report.

On Sunday 17th, some of our budding Versifiers gathered to attempt to emulate the likes of the following - Banjo Paterson, Adam Lindsay Gordon, A. D. Hope, Les Murray, Judith Wright, Oodgeroo Noonuccal (Kath Walker) and Lionel Fogarty (all famous Australian Poets) and a good time was had by all. "Some Sunday fun was had by all, as they gathered Barding in the Hall" (Anon but assured he won't give up his day job!!!). Thanks to our very own Emily Dickinson aka Berenice – please see her report.

On Wednesday 18th August, John Canney & I attended the SARVRA AGM which we felt was most worthwhile & below is a summary of most of the key points:

The Retirement Villages Regulations were proclaimed in the week ending 15 August 2025 and will come into effect on 2nd February 2026, except for the code of conduct.

SARVRA now has a direct phone number 0415311501 and membership fees remain at \$10 per unit.

The new Committee Members are Margaret Tuffin (Chair), Margaret Hawkins (Vice Chair & Treasurer), Cheryle Barry (Secretary), Committee members – Paul Pamment, Quentin McKell, Stephenie Sheppard, Andy Hagan & Ivar Schmidt (from Mt Barker). There are still three vacancies on the Committee. Pam Castle, a former Committee Member, is now active with COTA (see their note below).

Former Chair Roger Adamson (from Golden Grove) was awarded Life Membership for his services to SARVRA – well done mate!

Council on the Ageing (COTA) represent the interests of more than 700,000 South Australians aged 50+. Their CEO Miranda Starke, gave an interesting presentation highlighting the results of a recent survey of +50's concerns as below:

1 Cost of Living; 2 Access to Health Care; 3 Aged Care. 4 Ageism.

She was critical of the recent State budget with the lack of assistance for seniors' issues and gave details of some cases. She also covered instances of Seniors missing meals to cover increases in rent and selling assets to get by.

Current Policies being pursued with the Government include the elimination of Ambulance fees for Senior Citizens (SA is the only state billing Seniors for an ambulance!) and changes to the Patient Assistance Transport Scheme (PATS). Seniors in regions close to Adelaide do not qualify for the scheme.

Seniors are encouraged to become a member of COTA and provide their stories on topics that affect their standard of living.

Rebekha Sharkie MP, Federal Member for Mayo, gave an excellent speech noting her push for Retirement Villages to be classified as a financial product. The aim of this is to give residents in Retirement Villages more protection from actions by some Operators. Residents currently have a right to occupy. She is very interested in hearing from residents with stories to tell and also gave examples of cases advised to her office.

On Wednesday 20th, our effervescent Silver Foxes and ever young Golden Girls held their usual monthly lunches at the Victoria, O'Halloran Hill & the Highway respectively; good reports from both groups – thanks to Pam and Don's deputy for organising!

Next was the External Event trip on Wednesday 27th to The Grange for a visit to the Captain Sturt Museum, followed by lunch at Lockleys Hotel – sounds like they had a great time – please see the full report. Thanks Chris for organising!

Finally for the month was the Catered Lunch on Sunday 31st, where 80 Residents enjoyed a great Quiche & salad lunch followed by Cream Sponge – thanks Denise & the catering group – please see Denise's report.

Now to Spring i.e. September:

Our Early Happy Hour will be on Friday 5th, when Bruce Evans will be announcing the results of the Footy Tipping Competition – please make sure you are there!!

Just a reminder – Denise will be collecting payment for the September Catered Supper on Fri 12th and Wed 17th September (note change of day for the latter) at 5.15 in the Hall.

The monthly lunch for Sept is on Wednesday 17th & our debonair Silver Foxes head to the Flagstaff Hotel while our lovely Golden Girls are heading to the Christies Beach Hotel for theirs. Names on list please.

Friday 19th is the date for our monthly BINGO session – let's aim for a good crowd which will result in good prizes!

The following day, Saturday 20th, the Entertainments Group are putting on October Fest at 2.30pm in the Hall, where you can don your Lederhosen & German attire then sing along or dance to the Capricorn trio – names on list in the Library please.

The monthly External Events trip on Wednesday 24th is going to be a good one – a Lunch Cruise aboard the Captain Proud along the Murray River. Please see flyer for details.

Finally for the month, the Catered Supper on Friday 24th will be a Jacket Potato Supper – following an almost unanimous show of hands at the August Catered Lunch, it will include diced Beetroot! Please see flyer for details.

Cheers for now,

Keith Butler

Residents' Committee Chairman



Residents' Committee Annual General Meeting

For your diary - the above will take place on Wednesday 8th October at 2.00pm in the Hall. Please be advised that our Vice Chair, Wendy Agars has informed me that she will not seek re-election for this position but will remain as a Committee Member. Don Mawson has indicated he is willing to fulfil this role, and his nomination will be supported. Sue Silvy, our very efficient Secretary, has also advised that she will not be seeking re-election and will be standing down from the Committee – she will be sorely missed. This means there are a couple of vacancies – if you are interested, please see either me or one of the other Committee Members.

Bi-Monthly Movies at The Reserve

Sadly, Lissy & Graham Maddison have advised me that after 4 years, they are retiring from the above, which I know many of you enjoy and will miss. If, however, you feel you are able to assist in running the sessions in future, please contact either Keith Greenlees or I & we will demonstrate how the new system works. Thank you, Lissy & Graham, for your efforts as Projectionist & Usherette over that time!!

Christmas Carols at The Reserve

Last week, Martin Schirmer advised me that he had been instructed by his Heart Specialist that the time has now come for him to take a backward step in some of his activities, the above being one of them. He has therefore asked if someone can take over the main organisational role and advises that Liz is willing to continue to assist. If you feel you are able to take over the role, please kindly contact Martin, Liz or me.

Library Printer

You may recall a couple of months ago, I highlighted the very high ink usage due to people printing large numbers of colour copies. Fortunately, most have come to the party, and the expensive coloured ink usage has slowed considerably – thank you! Nonetheless, we do get the occasional blip, so I again ask you to consider: do I need to print this item off and further, do I really need a colour copy? Our Librarian monitors usage regularly and providing there is no more than the odd blip, there is no reason to consider any changes to this facility, which we know is a really useful asset for you.

Village Hairdresser

Our Village Hairdresser, Lynette, has decided the time is now right for her to retire. Her friend Carlene La Roux, who has been covering for her while she has been poorly, will be taking over from her, but will only be here on a Wednesday. Bookings continue as before. On behalf of all of Lynette's customers, past and present, we wish her all the very best.

Keith Butler
Residents' Committee Chairman



THE RESERVE SOCIAL GROUP – SAUSAGE SIZZLE

SAVE THE DATE: SUNDAY 12 OCTOBER 2025

The Reserve Social Group will be hosting a sausage sizzle on Sunday, 12 October 2025 at 12.30pm. Please note this date in your diary. Full details about this function will be provided by flyer closer to the event.



Regards
John Canney
For The Reserve Social Group

Catering – Quiche Sunday Lunch 31st August 2025

Last time Woolworths supplied the Hedy's quiches. Now they cannot take orders and Coles at Southgate Plaza were less than helpful. Fortunately, Margaret's (8) daughter works at Coles on Beach Road. She gave me the Deli manager's name and Logan was extremely helpful. Matt from Bakery 77 supplied the strawberry cream sponges and even delivered them to the Hall. Frankie from Adelaide Fresh also gave us a great deal on the veg. Great service from them all. Thanks to Sandy (48) for her help in the kitchen, and Alma (76) and Rod (9) for helping dish up the meals.

Keith (10) and Geoff (86) did their usual sterling job of delivering the meals to the tables - thanks Gents! Joan and Valerie checked everyone in and issued raffle tickets for their first drink; thank you, Ladies. Robyn (109) was scheduled to take the French dressing round, but she was unwell, so her husband Don stepped in and performed this task in her absence. Thanks, Don.



Berenice (38) chose the table decorations and Lyn (23) and David (94) helped her lay the tables. The tables looked great as usual. Thank you.

Thanks to all those who cleared dishes, cleared tables and cleaned the kitchen as well. Diane, as usual did a sterling job putting everything through the dishwasher. Also, thanks to those who returned at 4 o'clock to put the tables & chairs away and sweep up.

Our next function is on Friday 25th September at 6 o'clock when we will be serving Jacket Potatoes with coleslaw, shredded ham, grated cheese and sour cream – and by special request – chopped beetroot!

I will be collecting the cash on Friday 12th September and **WEDNESDAY** 17th September at 5.15pm in the dining room. Keith's cousin is coming from the UK, so we are travelling the coastal road to Melbourne, and I need to order everything before we leave.



A big thank you to everyone who helps and looking forward to seeing you all again then.

Denise (U10)
Catering Co-ordinator

OKTOBERFEST

With Music by

Saturday 20th September at 2.30pm

In the Community Hall

Friends and relatives welcome.

Please fill in the flyer and return to library



Rod Whiotelock
Unit 9

\$15 includes a drink (excluding Baileys) BYO Nibbles

Wearing of lederhosen by gentlemen and ladies or other German attire welcome

Kitchen Matters – August 2025

Freezer above Fridge in Dishwasher area

Some time ago a lock was put on the large freezer near the bar. The freezer above the fridge in the dishwasher area is for the use of the Catering Committee. However, if it is not in use, you are able to put food in it, providing you firstly let me know and then label your food with your name and unit number. Should I need to use the freezer for an event, then if your food is not labelled, it may be disposed of!

Large white tubs

Di, our dishwasher lady, has provided these tubs at her own expense to collect the organic waste from food preparation and the waste collected from the plates at the event. These bins frequently disappear, however at today's date they are now back! Please kindly leave these in the dishwasher area and purchase your own bin – only \$5 from Barnacle Bill's.

Catered Event Meal Cancellations

If you are unable to attend the catered event, **please phone me by 10.00am on the day of the meal at the latest.** This gives me time to amend Joan's sign-in sheet, my sheet showing special requests, the table plan and make labels for the food to go in the fridge or to be taken away at the end of the event. If I am told after this (especially when we are busy plating up food!!!), then the meal is delivered to the table, and someone will need to cover the food in foil and take it to you. The foil will be available on the serving hatch for your use. Please do not expect to find the food in the fridge at the end of the meal if the cancellation is late! Should you call the hall and request a takeaway meal, and we agree we have time to put it in the fridge, then please be advised that those meals in the fridge should not be collected until the event is finished.

Linen Tablecloths

If the white linen tablecloths are used, then they need to be washed and ironed. The ladies laying the tables know this, but it is a large task if 18 tablecloths are used as was the case for the July event. A resident has suggested that if one person on each table took on the task for 2 tablecloths, this would be less onerous for those decorating the tables. Do you think there would be one person on each table who would be prepared to wash and iron two tablecloths? Please let me know what you think.

Denise U10

Catering Coordinator



External Events

On Wednesday 27th August we visited Captain Charles Sturt's museum and cottage at Grange. We started with a very nice Devonshire morning tea before being split into groups for our guided tour of "The Grange" - Captain Charles Sturt's cottage. It was a very interesting morning followed by lunch at the Lockleys hotel. Fortunately, the weather was a little kinder than first thought.

On Wednesday 24th September, we have planned a 3 hour lunch cruise on the Captain Proud Paddle Wheeler on the Murray River. We will be travelling by coach to Murray Bridge and return. The Residence Committee have offered to cover the cost of the coach. Thank you to the committee. The cost of the lunch cruise is \$48.00 per person. As this is a subsidised event it is open only to residents in the village. Numbers are limited to the number of seats on the coach. Please see the flyer in your letterbox early September for more details.

Chris Biggs Unit 13
External Events Group

Poetry Reading

On Sunday 17th August a group of 25 villagers and friends came together at the Community centre to share their favourite poems or poems that they had composed themselves.

Coordinated by Berenice, the afternoon kicked off with the light hearted 'Oh I wish I'd looked after me teeth' written by Pam Ayres and read by Rita Mulcahy. She later shared an ode from a past suitor regaling the tale of Rita, the one who got away!

Throughout the afternoon poems were shared that were inspirational, sad, funny, wistful, or nostalgic; some had been cherished since childhood or loved and shared by teachers with students during their teaching years.

Well done to the people who felt nervous at the prospect of reading in front of a group but did so with aplomb!

An Afternoon tea spread was enjoyed by all. Thanks again for supporting this event. We hope to hold another poetry reading afternoon early in the New Year.

Wendy Agars
On behalf of the Reserve Social Group



FELICITY OLIVER – MASSAGE THERAPIST

I visit The Village on a Monday, Wednesday and Friday on a fortnightly basis.
Relax and feel rejuvenated with a deep tissue remedial massage
for half an hour or an hour.

You can claim with private health insurance and through some Aged Care packages.
The massages are done in the privacy of the treatment room opposite the Library.
Recommended by many residents over many years, I welcome any new clients or past clients.

Book via the sheet in the Lounge room or call Felicity 0432 984 580

Every BODY needs a massage!

Mention the newsletter ad and receive HALF PRICE off your first treatment!!

Felicity Oliver

PLEASE NOTE

The winners of the Football Tipping Competition will be announced at the Early Happy Hour on Friday the 5th September @ 4.30pm.



The Arty Party

We had another great creative time on Tuesday afternoon with a Sip and Paint style event organised by Berenice. We had 16 artists sitting in groups of 4, acrylic painting still life comprising flowers, a vase, some fruit and a table runner.

Each group was able to choose their own arrangement and only received guidance from Berenice, it wasn't an art class, just painting, however one saw the subject. It was a lot of fun. One or two brought some wine or something else to sip which may have helped. Hic.

There were plenty of paints and brushes available and pots to wash out brushes. Berenice deserves a big thank you for the amount of planning needed for such an event, and other members too of the Residents' Social Group who helped set up and return the dining room to normal.

Can't wait for the next one. Thank you to the Residents' Committee for supporting this wonderful event.

Rod Whitelock Unit 9
Coordinator Residents' Social Group



Rod's retiring again!



I have decided to retire as coordinator of The Reserve Social Group, but will see out the OCTOBER-FEST cabaret, however I will still be prepared to assist at any time in the future if called upon.

It's been my pleasure in bringing entertainment to the village for the last 8 years, ranging from comedy shows, cabarets, quizzes, aged care forums, information sessions and celebrity interviews. I feel it's about time to allow The Reserve Social Group to strike it's own path now which will allow me to enjoy a second retirement, the other was 25 years ago.

I know there are many new events in the pipeline so please support The Reserve Social Group whenever possible.

In particular we do need lots of you to book in for the OCTOBERFEST, which I know conflicts with AFL finals games, but otherwise we could be at risk of too few attendees which may jeopardise continuing with the event.

Thank you all for the support in the past.

Rod Whitelock unit 9

Bingo Winners

What a great night for Bingo for the August edition for the Reserve Bingo night. Due to personal commitments and injury to our regular caller and money taker/book seller, Mike Whitehead (u2) and Keith Butler (u10) took over for the night. And as usual (with me) we had a little problem with technical issues, but we overcame as normal.

Keith sold 99 books with 55 residents and friends in attendance. The following prizes were determined. Minor prize \$25. Major prize \$65. Due to the super prize not going off last month, the super prize was \$200. The winners were:

Game 1- minor prize Kathy (guest) – major prize Willow (guest).

Game 2 – minor prize Declan (guest) – Major prize -Lyn P (u23)

Game 3 -Minor prize Chris (u13) – Major prize Kerry (guest)

Game 4 – Minor prize – Clair (guest) – Major prize Denise (u10)

Game 5 – Minor prize – Jenny (104) – Super prize and the winner of \$200 was Robyn (guest)

Thanks to Keith Butler (standing in) and the bar staff for a wonderful evening.



Kind regards Mike Whitehead (u2)

Recycling dates for the month are:

4th, and 18th September

Green Bins 11th and 25th September

Do not forget your Yellow Bins. Also, please remember to put out your 10c returnable bottles near your garage doors for those enthusiastic guys who collect them. *Please remove caps from bottles.*



September Happy Hours Fridays @ 6 pm

Date	Format	Hosts	Table Setup	Bar Volunteer	Bar Manager	MC
5 th	Early Happy Hour	Margaret & Peter Smith	Graham Maddison Dave Whitten	Jill Weeks	John Canney	Keith Butler
12 th		Margaret & Peter Smith	Keith Butler Graham Maddison	Vic Stringer	Eric Deufel	Keith Butler
19 th		Chris Biggs Margaret Scott	Don Mawsom Keith Langley	Dave Whitten	TBA	John Canney
20 th	October-Fest (afternoon)			BSG		
26 th	Catered Event			BSG		
Next Month						
3 rd	Early 4:30pm	Lesley & Garry McPhee	Garry McPhee Graham Maddison	Howard Silvy	Garry McPhee	John Canney

This is the Newsletter of Residents of The Reserve Lifestyle Village. It does not necessarily represent the views of Lifestyle SA, The Reserve Lifestyle Village Residents' Committee or those assembling the newsletter.