



The Village Matters

Monthly Newsletter of the Residents of The Parks Lifestyle Village

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Residents Committee Website: <https://parksrv2024.wixsite.com/our-village>

From the Residents' Committee:

Under the Rules of our Residents' Committee and the Constitution of the Residents' Association we are to hold an Annual General Meeting of residents within 3 months after the end of the financial year.

THE 2025 ANNUAL GENERAL MEETING WILL BE ON SEPTEMBER 10th. at 2pm.

At these meetings (held consecutively on the same afternoon), your committees are required to provide reports of their activities, present audited financial account documents and elect committee members for the next year. These are distributed prior to the meetings.

In our Village we have the same members on each of the administrative bodies (this is not the same for all Lifestyle Villages) as our Residents' Association conducts barely any business.

Each of the Committees consist of Chairperson, Vice Chairperson, Secretary, Treasurer and at least 4 but no more than 6 ordinary committee members (*ed: NONE of our current committee members are ORDINARY!!!!*) At the AGM, all positions on both committees are declared vacant and any resident can nominate to be elected to the committees.

For the meetings to be binding, a quorum must be present—that is 50 members, in person or by proxy (A **Proxy** vote allows one person to vote on behalf of another when a written & signed authorisation is lodged.) Just to confuse matters, the Constitution of the Association—an incorporated body—allows one vote per each member present (proxy = present) but the Rules of the Committee allow one vote per household. Regardless, it's important to attend or to delegate a proxy to vote on your behalf.

There are several of our current committee who are not renominating so it's your chance to have input into the workings of your village and to help with decisions that benefit all of our residents.

The nomination forms and proxy forms are in the meeting room and can be completed and returned to the letterbox of Unit 47. *Please note:* The person nominating for a position, the proposer and seconder must all come from different Units. Proxy forms are not so involved.

If you need more information please chat to any of the current committee:

Paul Frisby, Carryll Adam, Pam Mills, Brigitte Parr, Colin Cook, Maureen Styles, Marilyn Hughes, Pauline Kenyon or Judith Roberts.

The editor's bit.....

Once again, it was nice to have some submissions from within our loyal readership. Without contributions from activity co-ordinators, photographers and interested residents, this journal would not exist. Please reward their commitment by supporting the events they've arranged—you never know, you might enjoy it....

Cheers, Judith

Disclaimer: Opinions expressed in this publication, editorially or by contribution, are printed in good faith and without liability. They do not necessarily reflect or represent the views of the Editor, The Parks Residents' Association Inc., The Parks Residents' Committee or Lifestyle SA.

SPEAKER'S CORNER

3rd Monday of the month from 2 – 3 pm

Now Co-ordinated by *Judy and Kathy*



myagedcare

On 21st July more than 50 residents came to hear about My Aged Care. Lauren and Sharon spoke about how to navigate and engage with services for My Aged Care.

They stressed the importance of registering for My Aged Care once someone turns 65, rather than waiting until help is needed. (*Kathy's Note:* I recently did this by phone and it was quite easy. It helps to think about what your needs are before you call. You will need to give your Medicare number.) At the same time, it is important to register a supporter who can speak on your behalf if necessary. This can be a spouse, family member or friend. The supporter needs to give consent.

There are two types of packages at the moment, although this is scheduled to change on 1 November 2025. At the moment, Commonwealth Home Care Support offers short term support, with one or two services only. An assessment will be needed first. When you have an assessment, do make sure you describe your needs on your worst possible day, rather than your best day.

If your needs are more complex and you need ongoing support, you may be eligible for a Home Care package. This includes help with every day tasks such as showering, transport etc. A financial assessment will be needed as well as an assessment of your needs.

From November there will only be one fund to cover both of the above, called Support at Home. If you already have a Home Care package it will be automatically rolled over.

A Home Care package may include allied health services such as physiotherapy, equipment and home modifications, and the End of Life Pathway, with extra funding to support older people to stay at home in the last 3 months of life.

If your needs change, do contact My Aged Care to let them know you need more support.

The speakers stressed that it is a complex system and even if you are given codes that would allow you to access support, it doesn't mean that the local agencies have the funding or capacity to provide that support. They said you can call around to ask, but if you can't find the help you need, you should definitely call My Aged Care and let them know.

There is a free "Care finders" programme, funded by the Australian government. You can contact them by calling COTA on 8232 0422-



Photo courtesy Graham Field

Judy and Kathy

SPEAKER'S CORNER

Our next afternoon will be on
Monday, 18th August 2025, 2pm -3pm
ALWAYS FREE— NO CHARGE TO ATTEND

TWO FOR ONE:

Roy Spraakman will once again share his stunning underwater photos of marine creatures from his 2025 trip to Anilao in the Philippines.

ALSO:

Learn about Giant Australian Cuttlefish and see photos from his recent trip to Whyalla. He may also share his thoughts about the effect of the algal bloom.



Photo courtesy Roy Spraakman

WHICH BIN THIS WEEK?

AUGUST	7	14	21	28
Blue bin (Landfill)	✓	✓	✓	✓
Yellow bin (Recycling)		✓		✓
Green bin (Organics)	✓		✓	

MOVIE NIGHT

Saturday 31st August 2025 at 7pm



THE BANK OF DAVE 2
The Loan Ranger

2025 / 104mins

Two years after founding his own bank, local hero Dave Fishwick takes on the predatory payday lenders bringing misery to his small English town.

https://www.imdb.com/title/tt27713772/?ref=ttpg_ov_bk

*Curated by
Graham Field*

DON'T FORGET
MOVIE NIGHT 26TH JULY

THE INTERN

Stars: Robert De Niro, Anne Hathaway, Rene Russo



SOCIAL ROUNDUP

From Pam & the Social Committee.....

You are encouraged to bring your friends and relatives to any Village function

Happy Hours on Friday nights are still being well supported, given the colder weather that we are experiencing, and factoring in the number of villagers who are managing to get up north to avoid Adelaide Winter.

Every Friday night we have a raffle as well as the **Cash Cow** draw, and on the last Friday of each month, we have **Happy Hour BBQ** evening, where our resident chefs cook for you. Please support them during winter, as they do a great job standing out there in the cold.



Lucy's hairdressing raffle prize is also drawn on winter BBQ nights.

Our Out-of-Village **Christmas in July** dinner at the Maid of Auckland was well supported with about 65 residents attending.

The Maid did a wonderful job for us, both in coping with ever changing numbers in the week leading up to it, as well as setting up an extra table for 8, when we arrived.

The room was beautifully decorated with streamers and bon bons, and the waiting staff were very attentive and efficient. The kitchen did an amazing job managing to serve all courses to each table at the same time – not easy with such a large number.

The menu offered traditional Christmas fare, as well as other options, and everyone enjoyed the evening. Merry Christmas in July to you all.

YOUR JULY/AUGUST SOCIAL CALENDAR

FRIDAY 25TH JULY 5.00PM Happy Hour BBQ in the Hall.

Raffle, cash cow and Hairdressing raffles will be drawn.

MONDAY 28TH JULY 2.00PM – 3.00PM In the Hall. We bring you **THE RADIO PLAYERS**

Most of us grew up spending the evenings with our families listening to entertaining stories performed by some of Australia's finest actors – drama, comedy, serials or one off plays, over the radio. The Radio Players consist of about 20 performers, ranging in age from 50's to 80's, who write and perform scripts, including ads between sketches to maintain the traditional radio play experience. Come and enjoy a fun afternoon bringing back memories of yester year.

Afternoon tea is included.

The booking sheet is in the committee room. Please put your names down to assist us with seating and catering. An entry fee of \$5.00 per person will be payable on arrival.

FRIDAY 1ST AUGUST 5.00PM Happy Hour in the Hall.

Come and join us for nibbles and a drink during our winter get togethers. Our bar serves beer, wine and soft drinks at very affordable prices. On a cold, wet, winter's night, it is easy just to pop down to the Hall. **New residents are always welcome.** The Parks prides itself on being a close village community, and we embrace new residents, whether they are still working, have outside commitments, or are fully retired.

FRIDAY 8TH AUGUST 5.00PM Happy Hour in the Hall

FRIDAY 15TH AUGUST 5.00PM Happy Hour in the Hall.

FRIDAY 22ND AUGUST 5.00PM Happy Hour in the Hall.

FRIDAY 29TH AUGUST 5.00PM Happy Hour BBQ in the Hall.



LOOKING AHEAD:

September hopefully brings us the start of Spring weather, and we once again include a Friday night of entertainment for you each month.

On **Friday 12th September**, we have a delightful choir to come and perform for us, called Sing Australia



*"We have singing groups in all States of Australia and the ACT
Sing Australia accepts that everyone can sing and it makes no judgement on how well that happens. It is inclusive and welcoming of everyone. It is about making happy connections with people from all walks of life and demographics within groups and through performances, gatherings, tours and impromptu opportunities to sing."* <https://www.singaustralia.com.au/>

The particular group who will come to us have been singing together for about 20 years, and although the singers are amateurs, they have a professional conductor and accompanist. Their performances are renowned for being lively and enjoyable.

The booking sheet will be in the Committee Room from Friday 15th August.

An entry fee of \$5.00 per person will be payable on arrival.

As they will perform for an hour from **5.30pm to 6.30pm**, please make sure that you are there in plenty of time so that you don't miss a beat.

Give them the flowers now

If with pleasure you are viewing, anything that I am doing,
If you like me or you love me, tell me now.
Don't withhold your approbation till the parson makes
oration,
And I lie with snowy lilies o'er my brow.
For no matter how you shout it
I won't care a damn about it -
I'll not know how many teardrops you have shed.
If you think some credit's due me,
Now's the time to slip it to me
For I cannot read my tombstone when I'm dead.



(Submitted by Collen Dixon)

**I bought a vinyl record
yesterday called "Sounds
Wasps make".
When I got home and played it, I
said to myself, "This doesn't
sound anything like wasps."
Then I realised, I was playing
the bee side..**

BAR ROSTER



DATE	OPEN	EVENT	HELPER 1	HELPER 2	MC / HOST
Fri-1-Aug	YES	Happy Hour	Judith Roberts	Kelvin Roberts	Paul Frisby
Fri-8-Aug	YES	Happy Hour	Roy Spraakman	Ian Jurgs	Janice Spraakman
Fri-15-Aug	YES	Happy Hour	Peter Laver	Alice Laver	Graham Field
Fri-22-Aug	YES	Happy Hour	Jan Badgery	Lyn Leslie	Judith Roberts
Fri-29-Aug	YES	Happy Hour + BYO BBQ	Wayne Jones	Lorraine Hobart	Roy Spraakman
Fri-5-Sep	YES	Happy Hour	Gerry Styles	Maureen Styles	Jan Badgery
Fri-12-Sep	YES	Sing Australia	John Mayers	Jenny Mayers	Peter Laver
Fri-19-Sep	YES	Happy Hour	John Gooley	Barry Rowe	Barry Rowe
Fri-26-Sep	YES	Happy Hour + BYO BBQ	Wayne Jones	Lorraine Hobart	Maureen Styles

- Bar helpers please arrive 30min beforehand to help setup.
 - If you are unavailable for bar duty on the date allocated can you please advise Mark on 601.
 - For safety reasons the bar will be closed when the kitchen is needed for food preparation or serving.
 - During events the bar will be open pre show and closed during the performance.
- If you are unavailable for **HOSTING (MC) duty**, please arrange a swap if you can. (Maureen will be away during August so call Judith (Ph:647) if there are problems.)

A big THANK YOU to all the helpers for their contribution



You'd think that the part of the brain that used to remember phone numbers would take over remembering passwords!
But Noooo!!!

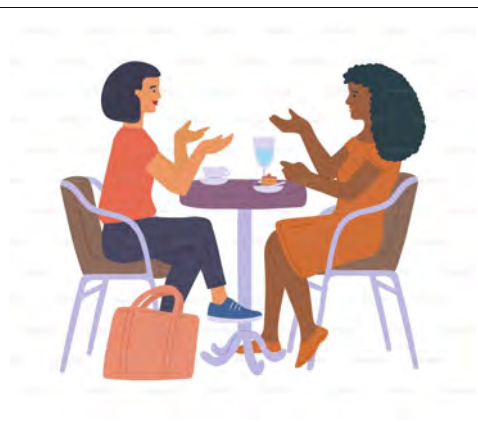
LADIES IN RED LUNCH

Our July Ladies in Red winter lunch was held in the Village Dining Room.

Winter colds kept a few away at the last minute, but 28 ladies enjoyed a delicious lunch, a few drinks and good company.

Our main course and dessert were provided by Banana Boogie Bakery, who always do a great job for us. It was lovely to see some new faces,

A big thanks to **John Gooley**, our bar manager for the day, and to all those who helped with service and cleaning up.



Farewell to an Old Friend

When Bob and Jan Triggs came to live in The Village back in 2003, they brought with them a one year old Mazda Premacy. The bronze-coloured car, with it's personalised number plates JAN 808, became a familiar sight around the Village. As well as local driving, it made several trips to Sydney, once along the Ocean Road route, and she even ventured into the Snowy Mountains on one occasion. In the years when Bob and Jan owned their beach house at Middleton, the road to the South Coast became very familiar to Macey

'Macey' was a well-loved car, suiting their needs perfectly, and Bob and Jan were hoping she would see them to the end of their driving careers, but alas, it was not to be. A few weeks ago a careless driver went straight through a Stop Sign, resulting in extensive damage to the front.



Regardless of the fact that Bob was deemed entirely blameless, the insurance company considered their car a 'write off'. Bob and Jan tried to organise a private repair, but it was not to be. So, there is now a brand new, bright blue VW T-Cross in Bob and Jan's garage, with the familiar number plates from Macey fitted. Welcome to The Village "Bluey".

Submitted by Jan & Bob

FOOTY TIPPING COMPETITION 2025

Thank you for your continuing interest in this year's footy tipping competition.

The winners for weeks 11 to 18 are as follows:

Round 11	Kym Smith
Round 12	Jan Triggs
Round 13	Tanya Cook
Round 14	Colin Cook
Round 15	Des Jolly
Round 16	Carole Ross
Round 17	Brian Taylor
Round 18	Ian Jurgs



Currently, the overall leaders are **Bob Kairl, Brian Taylor and Jan Triggs** on 113 points followed by **Murray Eckert, David Tonkin and Helen Crossman** on 112 points.

There are 6 rounds to go and any of the six leaders could win.

David Fisher (U 106, Ph: 706)

VILLAGE RECREATIONAL ACTIVITIES

AUGUST 2025

BOOK CLUB

Monday 4th August
1.30pm—TV lounge

SPEAKERS CORNER

3rd Monday—**18th August**
Held in the Main Hall 2pm

TABLE TENNIS

Monday night 7.30pm
New players welcome

TECH USERS GROUP

4th Monday at 10.30am
Next meeting **25th August**
Held in the Sports Clubhouse

GARDENING GROUP

Friday mornings fortnightly
after green bin on Thurs
9am start, Community Centre
New members welcome

LAWN BOWLS

Tuesday, Thursday & Saturday
From 1pm

BINGO

1st & 3rd Wednesday
7.15pm for a 7.30pm start
in the Dining Room
Cost \$10 for 15 games

HAND and FOOT (cards)

Mondays 7pm
Wednesdays, Fridays 1pm
Saturdays 1pm
In the Community Centre

CROQUET

Saturday mornings. Games start at
9.30am and 10.15am

INDOOR BOWLS

Thursday evening 7.30pm and
Saturday afternoon 1.30pm

CRAFT GROUP

Each Tuesday 9.30am
Sports Clubhouse
Bring your handcrafts
to chat & share with others

MONTHLY DINNER

Friday 11th July
HAPPY HOUR
Friday - 5pm
Held in the Main Hall
(see program page 8)

MOVIE NIGHT

Saturday 30th August
7pm In the Main Hall

BOTTLE COLLECTION

3rd Saturday each month
16th August
Please leave bottles &
cans out by 8.30am

TENNIS

Monday 7pm
Thursday, Saturday 9am
Contact Smiths—Ph: 699

FOR FITNESS:

Denise Palmer 0432 600 531

AQUAROBICS- Monday (if pool fixed)

PILATES: - Tuesday, Main Hall

AEROBICS: - Thursday, Main Hall

Cost \$7, 9.15am—10.am



WEDNESDAY WALKERS

JULY 2025

30 July Marion Walk/Finniss Street Cafe - 9:30am
meet in front of the cafe for a walk at **9:35am**. Parking,
limited at rear of the cafe, or across the road from the
cafe in George Street alongside St Annes Chapel. Coffee
10:00am Finniss Street Cafe.

AUGUST 2025

6 August Centennial Park Walk/Wildflower Cafe -
Meet at the Southern Gate, Adelaide Terrace 9:30am, for
a walk from 9:35am to the cafe/drive to cafe for 10:00am
coffee.

13 August Brighton Esplanade/Jetty Walk - 9:30am
meet at the top of the jetty on the Esplanade for a 9:35am
walk along the Esplanade or out on the jetty and return to
the Esplanade Hotel (the Espy) for 10:00am coffee.

20 August Mitcham Shopping Centre/Dolci Café
(new destination) - can be accessed via undercover car
park/shopping centre or Northern outdoor car park
(adjacent to Cheap as Chips) - meet at the side of cafe at
9:30am for a short walk from 9:35am. Coffee in the cafe
10:00am.

27 August Carrick Hill Estate - 46 Carrick Hill Drive.
Meet in the car park on the Eastern Side of Rozelle's
Restaurant at 9:30am for a walk in the grounds and
return at 10:00am to the restaurant for coffee.

New Walkers always welcome

Contact: Wayne Jones (723) or Graham Field (630)
or *just come along*

CAFÉ STROLLERS SATURDAY

26th July Seacliff Surf Club, Seacliff.

2nd August Finniss Cafe, Finniss St, Marion

9th August Rozelle's Restaurant, Carrick Hill
Drive. 10am opening.

16th August Wildflowers Cafe, Centennial Park, 10 am opening

23rd August Living Choice, Fisher St, Fullarton.

30th August Edinburgh Hotel, Mitcham. 10 am opening.



**New walkers
are always welcome.**

Meet at the main car park in the village
by **9:30am** each Saturday, and proceed
for walk with coffee at 10am. If the
weather is not suitable for the planned
walk, we will still meet and arrange an
alternative.

**Contact: Joy Hawkins
Phone 631**